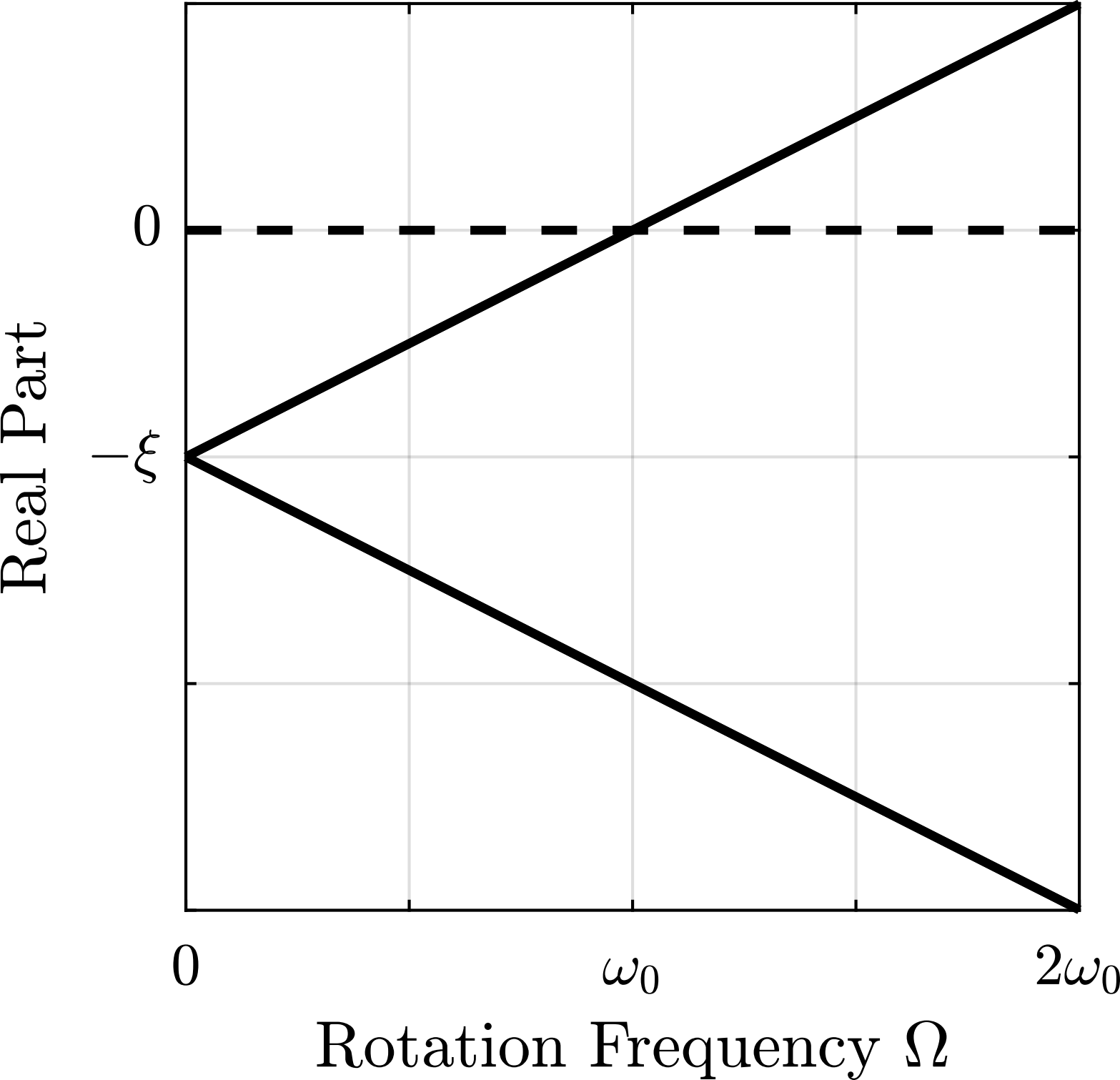
0
$-\xi$
Real Part
0
ω_0
$2\omega_0$
Rotation Frequency Ω